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★ STAMFORD EDITION ★

Time Warner leaves city

By Peter Healy  
Staff Writer

STAMFORD — The city is about to lose a second cable television company — from the same Harbor Plaza office complex.

Time Warner Cable, the nation's second largest cable TV company behind Comcast Corp., said Tuesday it is moving 220 employees from corporate offices on Harbor Drive in Stamford to New York City and two Southern cities.

In June, the headquarters of the

HQ to lose all 220 employees

Versus sports cable network left Harbor Plaza for Philadelphia, home of its parent company Comcast. The move took 50 jobs from the city.

About two-thirds of the Time Warner Cable workers will transfer to company headquarters at Columbus Circle in Manhattan, 30

will go to Herndon, Va., and others will move to Charlotte, N.C., the company said.

The relocation will take place from September to the middle of next year, Time Warner Cable spokesman Alex Dudley said. Time Warner Cable has been in Stamford since 1988 with depart-

ments such as corporate finance, programming, legal and strategy.

"It's a consolidation of corporate functions," Dudley said. "We are putting people together who belong together."

Asked whether all 220 people involved in the moves will stay with Time Warner Cable, Dudley

said, "There's a job for everyone who currently works for us."

Michael Freimuth, Stamford's economic development director, said Time Warner Cable did not tell his office it is leaving the city.

"In the current economy, larger companies are consolidating their operations into corporate space with excess capacity, with either long lease terms or in their outright ownership, rather than continuing multiple leases," Freimuth said. Please see **TIME WARNER**, Page A4

Rise and shine



Kathleen O'Rourke/Staff photos

Melissa Kahn of Stamford follows the orders of Colin Walker as he leads his Ultimate Boot Camp exercise class at 7:15 a.m. on a Saturday in July behind Rippowam Middle School in Stamford. At right, Andrea Greenburg of Stamford does sit-ups. 'Each week I get better, and it's really motivating,' she said.



Boot camps offer fun and fitness at 5:30 a.m.

By Beth Cooney  
Staff Writer

On a Saturday morning, before most people have started brewing their coffee, Julie Gabay of Stamford has finished what seems like 300 push-ups, sprinted back and forth across a football field, and run up a few sets of bleachers. Then, still seeming fresh for someone who's been put through the paces, she is off to celebrate her daughter's third birthday.

Gabay's intense weekend workout is commanded by a former pastry chef turned personal boot camp trainer, Colin Walker of Stamford, who has turned his passion for "burning off the sweets" and running triathlons into a booming early-morning fitness business.

"It is the no-excuses way to get fit," said Walker, owner of Innovative

"I've lost 17 inches in a year. My cholesterol is down. And my doctor says, 'Whatever you are doing, keep it up.'"

Barbara Garelick-Casa  
Boot camp participant

Fitness, a personal training studio in Stamford's Glenbrook section. "You are done before the kids want their pancakes or you need to get to work, walk your dog or mow your lawn."

Throughout Fairfield County, the early-morning outdoor boot camp has become a rite of summer, spring,

fall and — brrrrr — winter, as trainers and gyms bring fitness to public parks, schoolyards and beaches. Getting people to jump rope, navigate obstacle courses and hit the ground (literally) for abdominal crunches at the break of dawn might seem like a hard sell, but the lure of the outdoors has beckoned the fit, flabby, sleepy and reluctant.

Classes that begin as early as 5:30 a.m. at Havemeyer Park in Greenwich and in school parking lots in East and West Norwalk are so popular, some have waiting lists. "I'm completely sold out at 5:30 a.m. It is hard to believe, but it's fun, and you get used to 5:30. I promise," said Laura Boniello-Krout, who runs the Norwalk Adventure Boot Camp for Women.

At sunset on Wednesdays and Please see **FITNESS**, Page A4

UConn warns students of Trump perils  
Main entrance closed

By Elizabeth Kim  
Staff Writer

STAMFORD — UConn-Stamford administrators have closed the main entrance to protect students and faculty after a 4x4 from the Trump Parc luxury high-rise construction site across the street crashed through the roof of a postal truck.

Saturday's incident, which caused no injuries, was the fourth in a series of construction mishaps since May at the Broad Street and Washington Boulevard site.

The University of Connecticut at Stamford previously had recommended that students and faculty not use the main entrance. Alternate entrances include ones on Broad Street across from Target, on Franklin Street and on Washington Boulevard.

The precaution, applauded by Ben Barnes, the city's director of operations, raises questions about whether the city is doing enough to

Reps seek hearing on Trump safety. See story, Page A4.

protect pedestrians near the site.

Tuesday morning, Barnes dismissed the idea of closing streets surrounding Trump Parc to pedestrians.

"I don't see why we should do that at this point," he said, adding that the recent accidents affected cars not people.

A July 30 e-mail from Michael Ego, UConn's associate vice provost, briefed the university community about a July 28 meeting among school administrators, city officials and the president of George A. Fuller Co., the contractor working at the Trump Parc building.

"The city of Stamford is responsible for ensuring that any construction project in the city meets state and city standards for construction and that the project is safe Please see **UConn**, Page A4

Fay ducks prison again with 4th delay

By Stephen P. Clark  
Staff Writer

STAMFORD — Just two days before he was to report to prison, a Catholic priest convicted of stealing \$1 million from his Darien church was granted a fourth delay.

On Monday, U.S. District Court Judge Janet Bond Arterton postponed the start of the three-year prison term for the Rev. Michael Jude Fay, former pastor of St. John Roman Catholic Church, to Sept. 3.



Fay

Fay, who has prostate cancer, was to surrender Wednesday at the Federal Medical Center in Butner, N.C., but made his latest request Monday.

According to a motion filed by Fay's attorney, Lawrence Hopkins, the Bureau of Prisons "will likely be able to administer the experimental drug" to Fay while he is incarcerated, but it needs an additional three weeks to coordinate administration with Memorial Sloan-Kettering Cancer Center in New York City, where Fay is being treated.

Fay initially was to report Please see **PRISON**, Page A4

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